**Food & Nutrition — In-Service — Foods Brought to the Facility by Family/Friends**

**Purpose:** To provide residents with the **option** for special foods prepared by the residents ‘family **or** purchased from a favorite restaurant. **(Reference F813- Personal Food Policy)**

**Policy:**  Food may be brought to a resident if the food is **compatible** with a physician diet order. ALL food/food products shall be purchased from a commercial grocery or a licensed restaurant. ALL foods must be eaten within **one (1) hour of receiving**.

**What to do:**

1. If a resident/responsible party desires to have food brought in from family/friends, the nursing staff and the dietary staff, shall review the resident’s diet with the family/friends and provide education regarding the resident’s diet/fluid order with any restrictions.
2. Provide education regarding safe food practices.
3. If the resident’s physician diet orders allow the resident to consume foods not consistent with the regular ordered diet, the resident may participate in eating food from restaurants.
4. If the resident is on an altered consistency diet due to **Dysphagia,** the resident **may not** participate in eating restaurant food unless specifically ordered by the attending physician.

**Care Plans:** Review and revise the care plan to reflect foods brought to the resident by family/friends.

Encourage family members to bring food from home if not contra indicated and assure the training of any family member that participates in the feeding of the resident.

**Documentation:** The assigned nurse shall document the percentage of meal consumed and include all fluids on the I&O record.

**Leftovers:** Cooked leftover foods shall be discarded after **two hours** at the bedside/**24 hours** in the refrigerator.

**Refrigeration**: All resident non-perishable food items placed under refrigeration must be labeled with the **name/date** and discarded after **72 hours**.